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Institution: York St John University

Unit of Assessment: 3 (Allied Health Professions, Dentistry, Nursing and Pharmacy)

a. Context

Since 2008 RAE, health related research in the Faculty of Health and Life Sciences (Faculty) at York St John University (YSJU) has established a clear research identity. Its profile within UoA 3 reflects three areas: occupation, rehabilitation and patient safety. Throughout UoA 3 we are able to demonstrate significant local, regional, national and international impact. YSJU is a civically engaged university and our staff within the Faculty, and UoA 3 in particular, have a commitment to transforming research into practice, thereby influencing educational practice, process and policy and bridging the gap between academia and clinical practice. The theme of our research is enhancing health and well-being through safe and effective practice.

The principal beneficiaries and audiences for the research conducted by UoA 3 members can be divided into four groups: clinical professionals, patients, policy makers and clinical guidance. Research conducted by members of UoA 3 includes therapeutic modalities and safe practice that has had local regional and national impact; informing strategies for engaging in rehabilitation leading to healthy lifestyles; and managing long-term health conditions.

b. Approach to impact

<u>Infrastructure</u> and mechanisms to support staff to achieve impact:

Staff research has been supported through: research leave, secondments and work planning which have enabled the development of knowledge that has influenced practice and policy locally, nationally and internationally. Strategy regarding research direction and the reach and significance of research is developed by the Faculty Research Committee and the Faculty Leadership Team which facilitate opportunities to support staff. The HLS Faculty employs a full-time Business Development Manager to work with staff to develop knowledge transfer opportunities with public, private and voluntary sector organisations.

Staff are actively engaged with key users: with patients directly and patient organisations; exercise and health care professionals (e.g. British Association of Cardiovascular Prevention and Rehabilitation (BACPR); NHS policy makers; Ambulance services; NHS commissioning groups; government policy and strategy makers (DH); and health professional bodies (e.g. College of Occupational Therapy and Chartered Society of Physiotherapy). Their research has not only influenced national bodies such as NICE, the Department of Health and the British Heart Foundation (BHF), but also Europe-wide bodies, as seen, for example, in European Society of Cardiology (ESC) guidance.

The unit receives financial support for these activities through the allocation of QR funds and these are agreed by the Faculty Leadership Team. Applications for QR funds require staff to put forward plans for maximising the impact of their research. Funding also comes from research consultancy funds and research project funding through the BHF, NIHR and Health Foundation.

c. Strategy and plans

To further enhance its growing research capacity the HLS Faculty has actively sought to recruit and mentor early career researchers for UoA 3 whose research is congruent with a focus on patient safety and physical activity as a vehicle for addressing issues of health and well-being. The Faculty is maximising the impact from its current and future research in the following ways:

By implementing an on-going process of research impact consultation which involves
members of the Faculty Leadership Team and Faculty Research Committee discussing the
significance and reach of research impact with key beneficiaries and audiences to feed into

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the UoA research strategy.

- 2. By raising staff awareness of the importance of impact as part of the research process. In their personal research plans staff are asked to stipulate how they intend to extend the reach and significance of research impact, to identify the potential beneficiaries and audiences for their work, specify the strategies for engaging these beneficiaries and identify a process for collecting and collating evidence of impact.
- 3. By involving beneficiaries and audiences in the initial planning and development of research.
- 4. By nurturing research partnerships with key beneficiaries.
- 5. By engaging beneficiaries in the process of establishing impact.
- 6. By ensuring that UoA 3 research informs the CPD portfolio offered by the HLS Faculty.
- 7. By working with the University's Marketing Department to ensure that UoA 3 research has a lively media profile.

d. Relationship to case studies

The case studies reflect two areas where staff research has had reach, significance and impact. The case studies reflect research conducted over a sustained period by established research leaders in areas in which the UoA has clear strengths. UoA 3 impact is supported by the Faculty through the enabling of our leading researchers to take on external roles. So, for example, Professor Doherty has been supported in his role as the National Clinical Lead for Cardiac Rehabilitation, the Clinical Lead for the National Audit of Cardiac Rehabilitation, and Vice Chair of the Cardiac Rehabilitation section of the European Association for Cardiovascular Prevention and Rehabilitation. His research has had significant impact on national and international policy and clinical guidance around exercise in cardiac rehabilitation. Professor Doherty has also brought in substantial consultancy funds to the Faculty through his research with the University of York and the British Heart Foundation. Influenced by the impact of his research Dr Scott, nominated by his clinical peers, now chairs the Frequent Caller National Network (FreCaNN), for all ambulance services in England, which is a role that reinforces his research impact in this area.